

OPD LIST

DEPARTMENT	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
GENERAL MEDICINE	Dr Archana Bhat Dr Swapna P K Dr Jeffrey Lewis Dr Shruthi Ashok Pai Dr Srinath Dhakshinamoorthy	Dr Smitha Bhat Dr Veena Jasmine Pinto Dr Ganesh Nayak S Dr Lishal Anisha Misquith Dr Kripa Bridgett D Sa	Dr Prasanth.YM Dr Tushar Gopalakrishna Dr Jeena John Dr Ranish Deelan Saldanha	Dr Venkatesha B. M. Dr Sowmya Mathew Dr Debara Sona Dsilva Dr Akshay Louis Dias Dr Saveria Pinto	Dr Roshan M Dr Anoop Joseph Dr Spoorthi Ashok Pai Dr Renier Borges Dr Christel Sequeira	Dr Akshatha Rao Aroor Dr SriLakshmi M Prabhu Dr Akshata A Hegde Dr Yathin R	
GENERAL SURGERY	Dr Erel Anil Isidore Diaz Dr Reshmina C Clara D Souza Dr Martis Manohar Hadrian Mark Dr Grancy Vijayraj Monteiro	Dr John Joseph S Martis Dr Prathivi V K Dr Vishnu V K Dr Frana D Souza	Dr Leo Francis Taurro Dr Rohan Dsouza Dr N B Anikita Dr Linette Pearl Mathias	Dr Rakesh Rai A Dr Shankar Gururaj Kollampare Dr Kevin Alfred Samuel Dr Niveeda R R Dr Ayush Shetty	Dr Clement R S D Souza Dr Vinoda Kumar B Dr Archana Sridhar Shet Dr Mayur Nagaraj Srisikar Dr Yashna Gopinath Shetty	Dr Shubha N Rao Dr Sheldon George Mathias Dr Vishnu P S Dr Jason Andrade Dr Suraj Mackson Pinto	
OBG	Dr Mahesha Navada H Dr Prathima Prabhu Dr Chethana Bolanthakodi Dr Yenita Roshal Fernandes Dr Jyotsna Mirabel Coelho Dr Thameeza Farhath Dr Srinidhi P M Bhat	Dr Sojaya V Rao Dr Joylene Diana D Almeida Dr Ektha M Shetty Dr Viswanya Kaveri Dr Diya Mathen Dr Lisa Melita Pinto Dr Aysha	Dr Deepa Kanagal V Dr Shannon Francesca Fernandes Dr Alveera D Souza Dr Ambika Hegde Dr Nikitha James Dr Nismitha Rodrigues Dr Aysha	Dr Mahesha Navada H Dr Shannon Francesca Fernandes Dr Chethana Bolanthakodi Dr Yenita Roshal Fernandes Dr Viswanya Kaveri Dr Diya Mathen Dr Thameeza Farhath Dr Srinidhi P M Bhat	Dr Sojaya V Rao Dr Joylene Diana D Almeida Dr Ektha M Shetty Dr Viswanya Kaveri Dr Diya Mathen Dr Lisa Melita Pinto Dr Aysha	Dr Deepa Kanagal V Dr Shannon Francesca Fernandes Dr Alveera D Souza Dr Ambika Hegde Dr Nikitha James Dr Nismitha Rodrigues	
PAEDIATRICS	Dr Anil Shetty Dr Praveen B K Dr Kamalabettu Zohara Parveen Dr Jason Glen I D Souza Dr Joyce Sharyl D Souza	Dr Shreedhara Avabratna Kadke Dr Rasmi Alva Dr Praveen Nayak K Dr Sweta Shanbhag	Dr Pavan Hegde Dr Habeeb Ullah Khan Dr Preetham Philip Taurro Dr Jennifer Vinitha Dalmeida Dr Jaidev M D Dr Chandana Pai	Dr Anil Shetty Dr Praveen B K Dr Kamalabettu Zohara Parveen Dr Jason Glen I D Souza Dr Joyce Sharyl D Souza	Dr Shreedhara Avabratna Kadke Dr Rasmi Alva Dr Praveen Nayak K Dr Sweta Shanbhag	Dr Pavan Hegde Dr Habeeb Ullah Khan Dr Preetham Philip Taurro Dr Jennifer Vinitha Dalmeida Dr Jaidev M D	
ALLERGY ASTHMA & CHEST PEDIATRIC HEMATO ONCO NEONATOLOGY CLINIC HIGH RISK/WELL BABY PERINATOLOGY	Dr Jaidev M D Dr Chandana Pai Dr Praveen B K	Dr Praveen Nayak K	Dr Jaidev M D Dr Chandana Pai	Dr Chandana Pai	Dr Chandana Pai	Dr Jaidev M D	
ORTHOPAEDICS	Dr Ronald Joseph Menezes Dr Harsharaj K Dr Calvin Troy Christopher Fernandes Dr Sourabh N Chiplunkar	Dr Prashant Upendra Acharya Dr Kotedadi Ramprasad Rai Dr Amith Sridhar Alankar Dr Akash Bhat M	Dr Vivian Roshan D' Almeida Dr Ashwin Kamath Dr Wilbur Leander Cutinho Dr Alfred Manoj Lobo	Dr Ronald Joseph Menezes Dr Harsharaj K Dr Calvin Troy Christopher Fernandes Dr Sourabh N Chiplunkar	Dr Prashant Upendra Acharya Dr Kotedadi Ramprasad Rai Dr Amith Sridhar Alankar Dr Akash Bhat M	Dr Vivian Roshan D' Almeida Dr Ashwin Kamath Dr Wilbur Leander Cutinho Dr Alfred Manoj Lobo	
SPINE SURGERY	Dr Mrinal B. Shetty/Dr Daivik T Shetty	Dr Mrinal B. Shetty/Dr Daivik T Shetty	Dr Mrinal B. Shetty/Dr Daivik T Shetty	Dr Mrinal B. Shetty/Dr Daivik T Shetty	Dr Mrinal B. Shetty/Dr Daivik T Shetty	Dr Mrinal B. Shetty/Dr Daivik T Shetty	
HAND & MICRO SURGERY	Dr Siddharth Shetty A Dr Aruna Yadiyal Dr Chandini Dr Ashwarya Rao Dr Justin Shawn Jason Dr Siby A M	Dr Lathesh Leo/Dr Shruthi Kanth S Dr Aruna Yadiyal Dr Rasmi A Dr Keerthana Nayak Dr Prina Clarissa Crasta	Dr Siddharth Shetty A Dr Rahul Rao M Dr Divya R Nair Dr Clinton Castelino Dr Vaishnavi Ballal	Dr Lathesh Leo/Dr Shruthi Kanth S Dr Siddharth Shetty A Dr Chandini Dr Ashwarya Rao Dr Justin Shawn Jason Dr Siby A M	Dr Lathesh Leo/Dr Shruthi Kanth S Dr Siddharth Shetty A Dr Chandini Dr Ashwarya Rao Dr Justin Shawn Jason Dr Siby A M	Dr Lathesh Leo/Dr Shruthi Kanth S Dr Siddharth Shetty A Dr Chandini Dr Ashwarya Rao Dr Justin Shawn Jason Dr Siby A M	
PSYCHIATRY	Dr Siddharth Shetty A Dr Aruna Yadiyal Dr Chandini Dr Ashwarya Rao Dr Justin Shawn Jason Dr Siby A M	Dr Lathesh Leo/Dr Shruthi Kanth S Dr Aruna Yadiyal Dr Rasmi A Dr Keerthana Nayak Dr Prina Clarissa Crasta	Dr Siddharth Shetty A Dr Rahul Rao M Dr Divya R Nair Dr Clinton Castelino Dr Vaishnavi Ballal	Dr Lathesh Leo/Dr Shruthi Kanth S Dr Siddharth Shetty A Dr Chandini Dr Ashwarya Rao Dr Justin Shawn Jason Dr Siby A M	Dr Lathesh Leo/Dr Shruthi Kanth S Dr Siddharth Shetty A Dr Chandini Dr Ashwarya Rao Dr Justin Shawn Jason Dr Siby A M	Dr Lathesh Leo/Dr Shruthi Kanth S Dr Siddharth Shetty A Dr Chandini Dr Ashwarya Rao Dr Justin Shawn Jason Dr Siby A M	
DERMATOLOGY	Dr Jacintha Martis Dr Rochelle Cheryl Monteiro Dr Jyothi Jayaraman Dr Prajna Shetty Dr Sushmitha K Dr Nagbhusan Hegde Dr Divya Mandonna D Souza	Dr Michelle Serene Fernandes Dr Ramesh Bhat M Dr Kiran Dr Sonal Fernandes Dr Rahul Nayak Dr Jerome Joseph Dr Swathi N	Dr Jacintha Martis Dr Rochelle Cheryl Monteiro Dr Jyothi Jayaraman Dr Prajna Shetty Dr Sushmitha K Dr Nagbhusan Hegde Dr Divya Mandonna D Souza	Dr Michelle Serene Fernandes Dr Ramesh Bhat M Dr Kiran Dr Sonal Fernandes Dr Rahul Nayak Dr Jerome Joseph Dr Swathi N	Dr Jacintha Martis Dr Rochelle Cheryl Monteiro Dr Jyothi Jayaraman Dr Prajna Shetty Dr Sushmitha K Dr Nagbhusan Hegde Dr Divya Mandonna D Souza	Dr Michelle Serene Fernandes Dr Ramesh Bhat M Dr Kiran Dr Sonal Fernandes Dr Rahul Nayak Dr Jerome Joseph Dr Swathi N	Dr Michelle Serene Fernandes Dr Ramesh Bhat M Dr Kiran Dr Sonal Fernandes Dr Rahul Nayak Dr Jerome Joseph Dr Swathi N
ENT	Dr Kuldeep Francis Moras Dr Savita Lasrado Dr Deekshith Shetty Dr Blessy B Prabha	Dr Vinay Vaidyanathan Rao Dr Mahesh Tulasidas Bhat Dr Gitanjali Ajit Deshpande Dr Sana Dr Adhyasha Surendran	Dr Kuldeep Francis Moras Dr Savita Lasrado Dr Deekshith Shetty Dr Blessy B Prabha	Dr Vinay Vaidyanathan Rao Dr Savita Lasrado Dr Deekshith Shetty Dr Blessy B Prabha	Dr Kuldeep Francis Moras Dr Savita Lasrado Dr Deekshith Shetty Dr Blessy B Prabha	Dr Vinay Vaidyanathan Rao Dr Mahesh Tulasidas Bhat Dr Gitanjali Ajit Deshpande Dr Sana Dr Adhyasha Surendran	Dr Kuldeep Francis Moras Dr Savita Lasrado Dr Deekshith Shetty Dr Blessy B Prabha
OPHTHALMOLOGY	Dr Sarita R J Lobo Dr Vinay P G Dr May D Souza Dr Dilon Denis Noronha	Dr Sunayana Bhat Dr Sripathi Kamath B Dr Madhurima A Nayak Dr Akshata Charlotte	Dr Sarita R J Lobo Dr Vinay P G Dr May D Souza Dr Dilon Denis Noronha	Dr Sunayana Bhat Dr Sripathi Kamath B Dr Madhurima A Nayak Dr Akshata Charlotte	Dr Sarita R J Lobo Dr Vinay P G Dr May D Souza Dr Dilon Denis Noronha	Dr Sunayana Bhat Dr Sripathi Kamath B Dr Madhurima A Nayak Dr Akshata Charlotte	Dr Sunayana Bhat Dr Sripathi Kamath B Dr Madhurima A Nayak Dr Akshata Charlotte
CARDIOLOGY	Dr H. Prabhakar / Dr Ashoka Dr Anand K. T Dr Suresh Pai (ON CALL)	Dr Pradeep Pereira Dr Anand K. T	Dr Jostal Pinto	Dr H. Prabhakar / Dr Ashoka Dr Anand K. T	Dr Pradeep Pereira Dr Anand K. T	Dr Jostal Pinto	Dr Jostal Pinto
DENTAL	Dr Nanditha Hegde Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Gayathri S Rao Dr Lakshmi Ramesh Dr Soumya Pai	Dr Nanditha Hegde Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Gayathri S Rao Dr Lakshmi Ramesh Dr Soumya Pai	Dr Nanditha Hegde Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Gayathri S Rao Dr Lakshmi Ramesh Dr Soumya Pai	Dr Nanditha Hegde Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Gayathri S Rao Dr Lakshmi Ramesh Dr Soumya Pai	Dr Nanditha Hegde Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Gayathri S Rao Dr Lakshmi Ramesh Dr Soumya Pai	Dr Nanditha Hegde Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Gayathri S Rao Dr Lakshmi Ramesh Dr Soumya Pai	Dr Nanditha Hegde Dr Jyothi K C Menezes Dr Sowmya S Shetty Dr Gayathri S Rao Dr Lakshmi Ramesh Dr Soumya Pai
ENDOCRINOLOGIST	Dr Sudeep K/Dr Sanjana Rai/ Dr Sakinya Hegde	Dr Sudeep K/Dr Sanjana Rai/ Dr Sakinya Hegde	Dr Sudeep K/Dr Sanjana Rai/ Dr Sakinya Hegde	Dr Sudeep K/Dr Sanjana Rai/ Dr Sakinya Hegde	Dr Sudeep K/Dr Sanjana Rai/ Dr Sakinya Hegde	Dr Sanjana Rai/ Dr Sakinya Hegde	
Gastroenterology Surgical	Dr Ganesh M K/ Dr Nagarjun Rao H T	Dr Ganesh M K / Dr Sudheer K	OT DAY	Dr Nagarjun Rao H T / Dr Sudheer K	OT DAY	OT Day	
Medical Oncology	Dr Nishitha Shetty/ Dr Swasthik Upadhyia P	Dr Dinesh Shet /Dr Prasad Vasanth	Dr Nishitha Shetty/ Dr Swasthik Upadhyia P	Dr Dinesh Shet / Dr Prasad Vasanth	Dr Nishitha Shetty / Dr Swasthik Upadhyia P	Dr Dinesh Shet /Dr Prasad Vasanth	
Nephrology	Dr Manjunath J	Dr Amith V L D Souza	Dr Ashwin S P	Dr Manjunath J	Dr Manjunath J	Dr Ashwin S P	
NEURO SURGERY	OT DAY	Dr Geover Joslen Lobo	Dr Shashank Sharma	OT DAY	Dr Shashank Sharma	Dr Geover Joslen Lobo	
NEUROLOGY	Dr Raghavendra B.S/Dr Vimala Christina Colaco K	Dr Chaitra S P / Dr Shishir Duble	Dr Vimala Christina Colaco K	Dr Chaitra S P	Dr Raghavendra B.S	Dr Shishir Duble	
PAEDIATRIC SURGERY	Dr Kishan Shetty/Dr Jayateertha Joshi	OT DAY	Dr Kishan Shetty/Dr Jayateertha Joshi	OT DAY	Dr Kishan Shetty/Dr Jayateertha Joshi	OT Day	
Plastic Surgery	Dr Aravind Lakshmana Rao / Dr Karthik Aithal	OT DAY	Dr Akanksha Rajnoot	OT DAY	Dr Aravind Lakshmana Rao / Dr Karthik Aithal	OT DAY	
RADIO THERAPY	Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob	Dr Sandesh Rao B/ Dr Lanisha Jolita Sequeira / Dr Zalfa Abdul Azeez	Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob	Dr Sandesh Rao B/ Dr Lanisha Jolita Sequeira / Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob	Dr Sandesh Rao B/ Dr Lanisha Jolita Sequeira / Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob	Dr Sandesh Rao B/ Dr Lanisha Jolita Sequeira / Dr Y Sanath Kumar Hegde/Dr Krishna Raj H K / Dr Tony Jacob	
Radio Diagnosis	Dr Ram Shenoy Basti / Dr H.B. Suresh/ Dr Krishna Kiran S/ Dr Anto J Richie / Dr Berton Craig Monteiro / Dr Mahesh / Dr Siddhanth B Shetty/Dr Muralidhar G K/Dr Soujanya Mynalli Braggs/ Dr Carl Prem Trevor Colaco/Dr Saahay Shetty/Dr Zeena D Souza/ Dr Fraser Gomes/ Dr Sreeya Tiwari/ Dr Somasree Manna/ Dr Anston Vernon Braggs	Dr Rohanchandra R Gatty / Dr S V Abhiram/ Dr Alphonsa Mary Job	Dr Elroy Saldanha	Dr Rohanchandra R Gatty / Dr S V Abhiram/ Dr Alphonsa Mary Job	Dr Inareshwari Jayaram / Dr Kumar S Vashist/ Dr S V Abhiram	Dr Elroy Saldanha	
SURGICAL ONCOLOGY	Dr Inareshwari Jayaram / Dr Kumar S Vashist/ Dr S V Abhiram	Dr Rohanchandra R Gatty / Dr S V Abhiram/ Dr Alphonsa Mary Job	Dr Elroy Saldanha	Dr Rohanchandra R Gatty / Dr S V Abhiram/ Dr Alphonsa Mary Job	Dr Inareshwari Jayaram / Dr Kumar S Vashist/ Dr S V Abhiram	Dr Elroy Saldanha	
PAIN CLINIC	Dr Anantha Srikrishna Somayaji	Dr Divya Vincent	Dr Divya Vincent	Dr Anantha Srikrishna Somayaji	Dr Anantha Srikrishna Somayaji	Dr Anantha Srikrishna Somayaji	
UROLOGY	Dr Suyog Shetty Dr Abheesh Varma Hegde M Dr Shreyas N M	Dr Prashanth Adiga K Dr Kishan Raj K	Dr Suyog Shetty Dr Abheesh Varma Hegde M Dr Shreyas N M	Dr Prashanth Adiga K Dr Kishan Raj K	Dr Suyog Shetty Dr Abheesh Varma Hegde M Dr Shreyas N M	Dr Prashanth Adiga K Dr Kishan Raj K	
Gastroenterology Medical	Dr Anantha Srikrishna Somayaji	Dr Divya Vincent	Dr Divya Vincent	Dr Anantha Srikrishna Somayaji	Dr Anantha Srikrishna Somayaji	Dr Anantha Srikrishna Somayaji	
RESPIRATORY MEDICINE	Dr Srishankar / Dr Dharma U Shetty	Dr Ajith P.A / Dr Carishma S	Dr Srishankar / Dr Ajith P.A	Dr Dharma U Shetty/ Dr Carishma S	Dr Srishankar / Dr Carishma S	Dr Ajith P.A/Dr Dharma U Shetty	
Rheumatology	Dr Sahana G	Dr Sahana G	Dr Sahana G	Dr Sahana G	Dr Sahana G	Dr Sahana G	
Interventional Radiologist	Dr Lenon Jason Dsouza/ Dr Mandeep Sagar G T/ Dr Ariharan K	Dr Lenon Jason Dsouza/ Dr Mandeep Sagar G T/ Dr Ariharan K	Dr Lenon Jason Dsouza/ Dr Mandeep Sagar G T/ Dr Ariharan K	Dr Lenon Jason Dsouza/ Dr Mandeep Sagar G T/ Dr Ariharan K	Dr Lenon Jason Dsouza/ Dr Mandeep Sagar G T/ Dr Ariharan K	Dr Lenon Jason Dsouza/ Dr Mandeep Sagar G T/ Dr Ariharan K	
Clinical Psychology	Ms. S. Malarmathi	Mrs Deeksha Ekanand Ms Afreen Zulfikar	Ms. S. Malarmathi	Mrs. Deeksha Ekanand Ms Afreen Zulfikar	Ms. S. Malarmathi	Mrs. Deeksha Ekanand Ms Afreen Zulfikar	
Psychiatric Social Worker	Mrs. Devi Venugopal	Ms Suvina Sushanthi Soans	Mrs. Devi Venugopal	Mrs. Devi Venugopal	Mrs. Devi Venugopal	Mrs. Devi Venugopal	